



info sheet

OVERNIGHT KAYAK & GLACIER TOUR (TUNSBERGDALSVATNET)

see www.icetroll.com/two-day for more info

YOU MUST BRING

Back pack (at LEAST 40 litre) & sleeping bag (you can hire both of these from ICETROLL – 150kr each). Warm hat and gloves, warm clothing including rain jacket. Camera, drink bottle, sunglasses, lunch & breakfast. Good hiking shoes (running shoes are possible, but not comfortable on glacier and may get a little wet on way to glacier if streams are high). If you have a favourite drink for the evening, bring that, it is often beautiful weather at night, to sit and chat and have a drink is perfect. Also some light shoes or flip-flops for around the tent in the evening. Bring plenty of snacks as well as breakfast and lunch.

BRING IF POSSIBLE

Woollen under layers, waterproof trousers, sun hat. Good walking shoes/boots (don't buy especially for this tour)

WE PROVIDE

All kayak and glacier equipment. Tents, cooking equipment and dinner. You can hire sleeping bags & backpacks too.

GETTING HERE

From Sogndal: If you are coming by Glacier Bus, you should get off the bus at the Leirdal Bridges at 09:30. If you are driving from outside Jostedal, we can meet you here too, 09:30, but you have to pay with cash, sorry, as we will be away from the office/creditcard machine when we meet. If you have to use a credit card to pay, then you should continue driving to the Breheimsenter (another 20km. This is signposted in blue 'Bresenteret', then turn left and immediately left again.) and we meet there at 09:00, not 09:30...

From Lom: Take road 55 to Gaupne (approximately 30km) Turn left onto road 604 toward Breheimsenter and Jostedalen (then it is only 10-11km to the Leirdal road junction – our meeting place). This is signposted Leirdal and there are 2 bridges side by side there. We meet here at 09:30.

- Sat Nav coordinates for Breheimsenter are: 61°39'18"N 7°16'30"E (Google Maps 61.651219, 7.278099)
- Sat Nav coordinates for Leirdal meeting place: 61°28'12"N, 007°15'03"E (Google Maps) 61.470185, 7.250977

ACCOMODATION

Jostedal Hotel: post@jostedalhotel.no or call +47 5768 3119

Jostedal Camping: post@jostedalcamping.no or call +47 9775 6789