



info sheet

TWO-DAY KAYAK & GLACIER TOUR (STYGGEVATNET)

see www.icetroll.com/two-day for more info

YOU MUST BRING

Warm hat and gloves. Plenty of warm clothing including rain jacket. Camera, drink bottle (1 litre minimum), sunglasses, change of clothing, 40 litre back pack (MINIMUM), sleeping bag (3 seasons minimum). Good walking boots (will be walking in snow).
Food: 2 * lunches, 1 * Breakfast, and plenty of snacks for the 2 days and evening.

BRING IF POSSIBLE

Woollen under layers, waterproof trousers, sun hat, 'thermarest' mattress, a drink for the evening sun-set chat.

WE PROVIDE

All kayak and glacier equipment, tents, foam sleeping mats, cooking equipment and dinner.
You can hire sleeping bags and backpacks from us too.

GETTING HERE

From Sogndal: take road 55 to Gaupne (approximately 30km) Turn left onto road 604 toward Breheimsenter and Jostedal (approximately 32km to Breheimsenter – our meeting place). After the 32km you will see a signpost in blue 'Bresenteret', then turn left and immediately left again.

From Lom: take road 55 to Gaupne. Turn right onto road 604 toward Breheimsenter and Jostedal then follow directions above

- Sat Nav coordinates for Breheimsenter are: 61°39'18"N 7°16'30"E (Google Maps 61.651219, 7.278099)
- Sat Nav coordinates for Jostedal Hotel/Camping: 61°37'51"N, 007°15'58"E (Google Maps: 61.630916, 7.266169)

ACCOMODATION

Jostedal Hotel: post@jostedalhotel.no or call +47 5768 3119

Jostedal Camping: post@jostedalcamping.no or call +47 9775 6789